

CAMP HILL (Main Office/Billing Address)
207 House Ave, Suite 109
Camp Hill, PA 17011

LifeSpire, LLC
www.LifeSpirePA.com
717-745-6166

HERSHEY
523 W. Chocolate Ave, 2nd Floor
Hershey, PA 17033

GROUP THERAPY FOR TWEENS/TEENS DEALING WITH ANXIETY AND DEPRESSION

DESCRIPTION:

Develop effective skills and strategies in a group with peers who have the expertise of their own life experiences.

LED BY:

Kristin Hollis, Licensed Clinical Social Worker at LifeSpire, LLC who specializes in working with teens in a group setting that are experiencing anxiety and depression.

LOCATION:

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CONTACT: Contact John at 717-745-6166 to schedule an intake appointment.

PAYMENT: Accepting Highmark Blue Shield, Capital Blue Cross and other Blue Cross/Blue Shield Plans or \$30 per session self-pay.

Group 1: TWEENS (approximately ages 10 -13)	Group 2: YOUNGER TEENS (approximately ages 13 - 16)	Group 3: OLDER TEENS (approximately ages 16 - 20)
3:30pm every other Thursday	3:30pm every other Wednesday	3:30pm every other Thursday
<u>Dates:</u> 1/17/19 1/31/19 2/14/19 2/28/19 3/14/19 3/28/19 4/11/19 4/25/19 5/9/19 5/23/19	<u>Dates:</u> 1/9/19 1/23/19 2/6/19 2/20/19 3/6/19 3/20/19 4/3/19 4/17/19 5/1/19 5/15/19	<u>Dates:</u> 1/10/19 1/24/19 2/7/19 2/21/19 3/7/19 3/21/19 4/4/19 4/18/19 5/2/19 5/16/19